



SMART CHOICES FOR YOUR COX DIGITAL HOME

Take Charge of the TV!

From the **Discovery Channel** to the **Disney Channel** to **Noggin**, your kids can learn so much from quality educational programming. They just need a little guidance to find programming that is appropriate for their age and beneficial to their development. Talk to your children about the kinds of TV shows you want them to watch and why there are others that should be avoided. Visit <http://www.cox.com/takecharge/> to find out more about the positive TV programming options available for kids. Then use the technology tools at your fingertips to **Take Charge!**

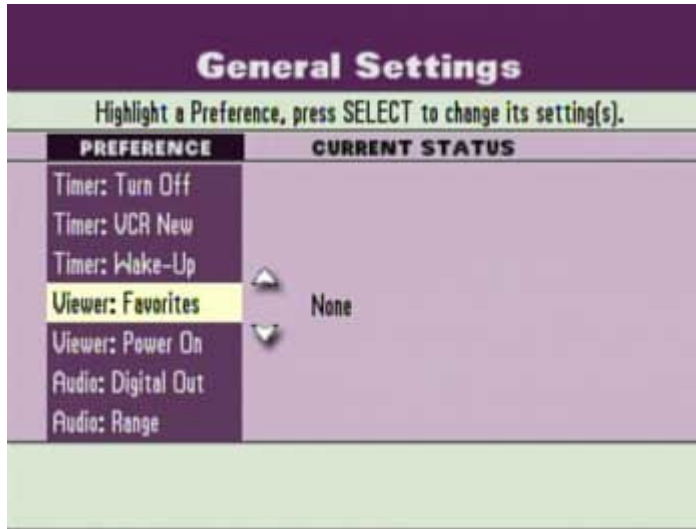
Using Parental Controls

Most cable boxes have built-in parental controls that allow you to control what your kids watch — even when you're not there. You can block specific channels and, with a digital box, even programs by TV ratings. To learn how, follow the instructions below that match the system in your home.

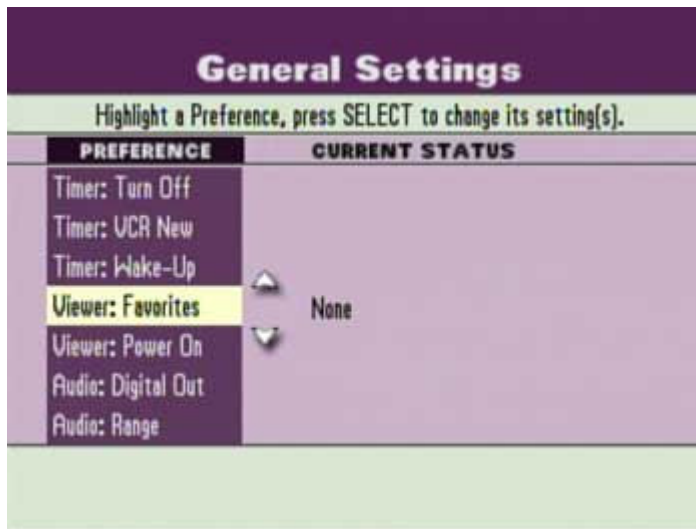
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SCIENTIFIC ATLANTA DIGITAL SET-TOP BOX

1. Press the **Settings** button on your remote control twice, and the **General Settings** menu will appear.



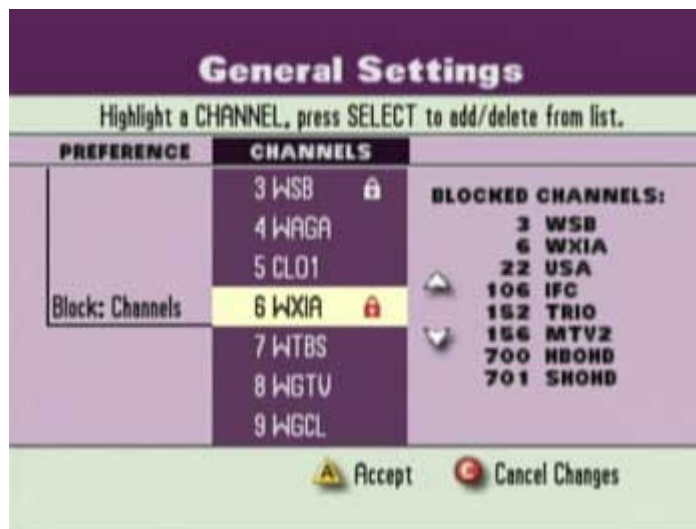
2. Use the **Up** and **Down** arrow keys on your remote to highlight one of the following options:
Block: Channels, Ratings or Timer.



3. When you have chosen the area that you want to control, press **OK/Select**. When you have set a block, you will be asked to enter a four-digit number to be used as your Parental Control ID or Personal Identification Number (PIN).

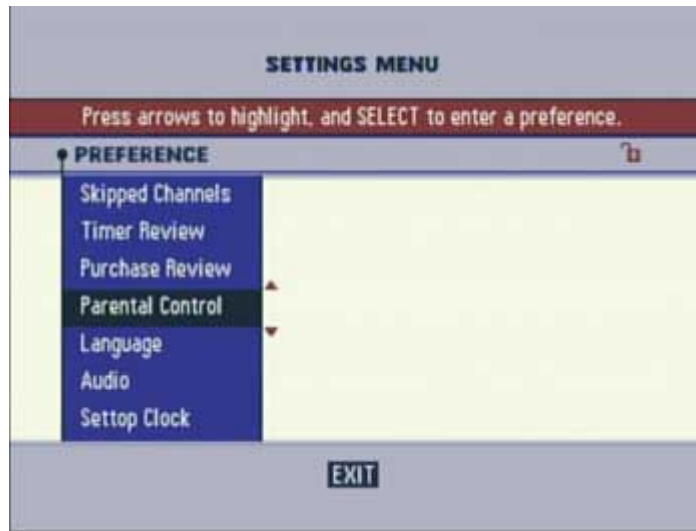


4. Highlight the channel you want to block and press **Select**. Blocked channels are displayed on the right side of the screen.

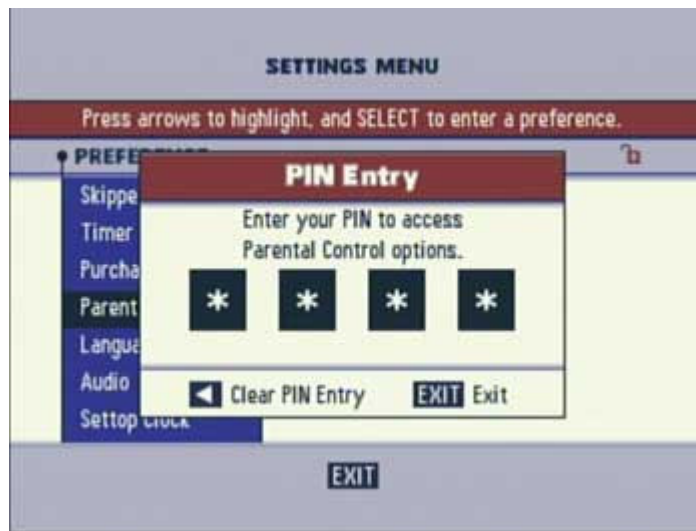


MOTOROLA DIGITAL SET-TOP BOX

1. Press the menu button on your remote control to access the **Settings Menu**.

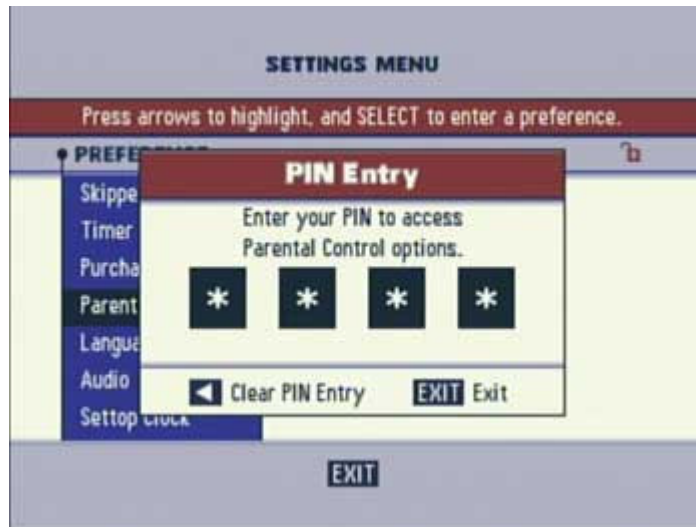


2. Use the **Up** and **Down** arrow keys on your remote to highlight **Parental Control**.

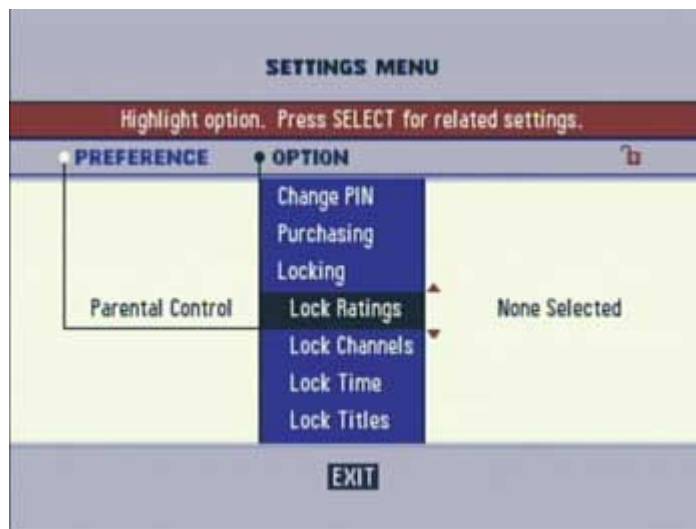


3. Press **Select** on your remote and input your PIN number. If you have not previously input a parental control PIN number, you will be asked to create one.

Note: You may need to turn on the locking feature.



4. Use the arrow buttons on your remote control to highlight the category you decide to block. You may select programs by title, time or rating, or you may choose to block an entire channel.



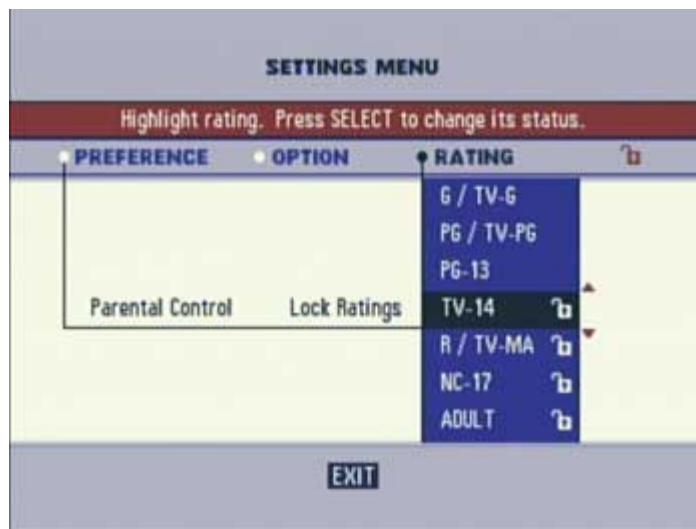
5. Use the **Up** and **Down** arrow keys to highlight **Lock Ratings**, **Lock Channels**, or **Lock Time**.

A. Under **Lock Ratings**, select the lowest rating that you would like blocked.

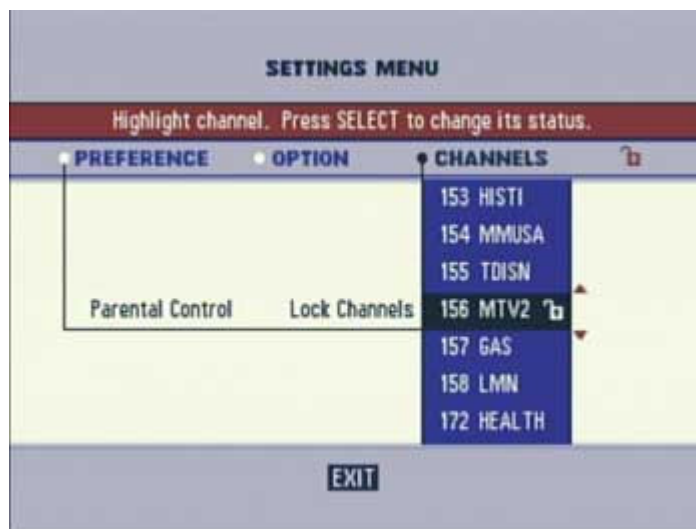
I. Scroll down to that rating by using the **Up** and **Down** arrow keys.

II. Once the desired rating is highlighted, press **Select** on remote control.

Note: All ratings that are above your lowest allowable ratings will be blocked.



B. Under **Lock Channels**, scroll through the list of channels and press **Select** on the channels that you want to block.



C. Under **Lock Time**, highlight the time that you would like to begin blocking press **Select** on the remote.

I. Highlight the time that you would like to stop blocking all channels. Press **Select** on the remote.

Note: When choosing the **Lock Time** option, all channels will be blocked during the designated time.



ANALOG SERVICE

Most analog boxes will allow you to block channels. The steps include:

1. Using your set-top box's remote control or keypad, create a PIN code.
 2. Repeat the control procedure for every TV set/set-top box combination in your home.
Children will not be able to view the blocked channel(s) or change the control settings without entering the PIN code.
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USING A V-CHIP

Another helpful parental resource is the V-chip, which is available in newly manufactured TV sets with screens 13" or larger. Working in conjunction with the TV ratings system, it blocks programs that have received a specified rating level. The settings are password protected and can be changed at any time. Follow the directions in your TV manual or visit www.tvguidelines.org for more information on the V-chip and TV programming ratings overall.

CABLE INDUSTRY RESOURCES

Educating parents about controlling TV programming in their homes is a major priority for the cable industry overall. In fact, the National Cable & Telecommunications Association has created a Web site with extensive information about parental options for choice, control and education. Visit <http://www.controlyourtv.org> to learn more.

ADDITIONAL OPTIONS

Digital cable service offers you the most control and flexibility in taking charge of your TV. But if you don't have a set-top box, then Cox can block channels by installing an electronic filter that "traps" out a particular channel. This filter is physically installed on the cable equipment outside your home and provides complete blocking of the specific channel until the device is removed. Just contact your Cox customer care center for assistance.